



## GLUTEN FREE LUNCH MENU

### NIBBLES all £3.50 each

Marinated Olives **V** Gluten Free Bread, Pesto, Oils & Butter **V**  
 Pork Crackling & Apple Sauce

### STARTERS

Today's Soup of the Day & Warm Gluten Free Bread 5 **V**  
 Beef Fillet Carpaccio, Horseradish & Rocket Puree, Toasted Gluten Free Bread & Sauce Vierge 8  
 Hand Picked White Devon Crab, Pickled vegetables, Watercress, Crème Fraiche  
 & Toasted Gluten Free Bread 7  
 Moroccan Chick Pea & Lentil Falafel & Tzatziki Dip 6.50 **V**  
 Pan Seared Pigeon Breast, Spinach, Glazed Apple & Cider Syrup 8  
 Steamed Exmouth Mussels in a Cream Cider, Garlic & Herb Sauce & Gluten Free Bread 7

### SANDWICHES – all served in gluten free bread with a few Chips

Feta, Roasted Red Pepper, Fresh Tomato & Basil Pesto 7 **V**  
 Roasted Chicken, Bacon, Baby Leaf Salad, Tomato & Mayonnaise 8

### MAINS

Honey Roasted Wiltshire Ham, Fried Free Range Eggs, Hand Cut Chips & Mixed Salad Small 8 / Large 11  
 Local Cider Battered Haddock, Hand Cut Chips & Fresh Peas Small 9 / Large 12  
 Grilled Beef Burger topped with Cheddar Cheese, Homemade Burger Sauce, Tomato, Lettuce,  
 Red Onion served in a Gluten Free Burger Bun with French Fries 13  
 Steamed Exmouth Mussels in a Cream Cider, Garlic & Herb Sauce & French Fries 12  
 Smoked haddock Fillet, Bubble & Squeak, Roast Butternut Squash, Cherry Tomatoes &  
 Mussel Jus 14  
 Beetroot, Leek & Ricotta Risotto topped with Parmesan 11 **V**  
 Tian of Mixed Autumn Squash & Sweet Potato Pancakes, Romesco, Broad Beans  
 & Red Cabbage Cream Sauce 12 **V**  
 Thai Infused Poached Trout, Wasabi New Potatoes, Baby Leaf Salad, Artichoke,  
 Cherry tomatoes & Miso Dressing 13  
 Salt beef & New Potato Hash, Buttered Brussel Sprouts, Roast Leeks, Fried Duck Egg &  
 Brandy Veloute 13  
 Chargrilled 8oz Ribeye or 8oz Sirloin of Ruby Beef 19  
 French Fries, Mixed Baby Leaf Salad & Scrumpy Battered Onion Rings  
 with a choice of either Peppercorn sauce, Mushroom Sauce or Garlic Butter

### SOMETHING ON THE SIDE all £3.50 Each

Hand Cut Chips / Buttered Seasonal Veg / Fries / Scrumpy Battered Onion Rings / Mixed Salad



## GLUTEN FREE DINNER MENU

### NIBBLES all £3.50 each

Marinated Olives **V** Gluten Free Bread, Pesto, Oils & Butter **V**  
 Pork Crackling & Apple Sauce

### STARTERS

Today's Soup of the Day & Warm Gluten Free Bread	5
Beef Fillet Carpaccio, Horseradish & Rocket Puree, Toasted Gluten Free Bread & Sauce Vierge	8
Hand Picked White Devon Crab, Pickled vegetables, Watercress, Crème Fraiche & Toasted Gluten Free Bread	7
Moroccan Chick Pea & Lentil Falafel & Tzatziki Dip	6.50 <b>V</b>
Pan Seared Pigeon Breast, Spinach, Glazed Apple & Cider Syrup	8
Steamed Exmouth Mussels in a Cream Cider, Garlic & Herb Sauce & Gluten Free Bread	7

### MAINS

Honey Roasted Wiltshire Ham, Fried Free Range Eggs, Hand Cut Chips & Mixed Salad	11
Local Cider Battered Haddock, Hand Cut Chips & Fresh Peas	12
Grilled Beef Burger topped with Cheddar Cheese, Homemade Burger Sauce, Tomato, Lettuce, Red Onion served in a Gluten Free Bun with French Fries	13
Steamed Exmouth Mussels in a Cream Cider, Garlic & Herb Sauce & French Fries	12
Smoked Haddock Fillet, Bubble & Squeak, Roast Butternut Squash, Cherry Tomatoes & Mussel Jus	14
Grilled Lamb Rump, Fricassee of Broad Beans, Sun Blushed Tomatoes, Mint, Pearl Onions, Chorizo, New Potatoes, Baby Spinach & Lamb Jus	16.50
Beetroot, Leek & Ricotta Risotto topped with Parmesan	11
Tian of Mixed Autumn Squash & Sweet Potato Pancakes, Romesco, Broad Beans & Red Cabbage Cream Sauce	12 <b>V</b>
Pan fried Sea Bream, sautéed new potatoes, Roasted Red Pepper, Romesco, Lemon Beurre Blanc & Crispy Leeks	14.50
Pan Fried Duck Breast, Sweet Potato Dauphinoise, Creamed Spinach, Carrots, Caramelised Rhubarb & Blackberry Jus	16.50
Chargrilled 8oz Ribeye or 8oz Sirloin of Ruby Beef French Fries, Mixed Baby Leaf Salad & Scrumpy Battered Onion Rings with a choice of either Peppercorn sauce, Mushroom Sauce or Garlic Butter	19

### SOMETHING ON THE SIDE all £3.50 Each

Hand Cut Chips / Buttered Seasonal Veg / Fries / Scrumpy Battered Onion Rings / Mixed Salad